

A Guide to Pollinator-Friendly Plants

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Plant Trees, Save the Bees!

We at the **Baltimore Orchard Project** have a vision of "Growing an Edible Baltimore." However, Baltimore will never be edible without a strong population of pollinators (like our friends, the Blue Orchard Bee and Honey Bee)!

NO WAY

Pollinator populations are crashing across the United States, with 61% honeybee hive losses in Maryland this year alone.

One of the best ways to reverse this ecological catastrophe is to provide pollinators with food all year round. Since bees are strongest if they can find their forage within 2 miles of their hive, planting bee-friendly trees all over the city and county can help Baltimore's bees wherever they live. Thanks to Bill Castro of Baltimore's own **Bee Friendly Apiary** who brought the severity of this issue and possible solutions to our attention!

With the help of nearby, year-round, bee-friendly plants, Bill was able to limit his hive loss to 17%.



The trees in this guide are pollination all-stars and would make a great addition to any urban orchard or foor forest! We hope this guide inspires you to help save the bees (and feed your tummies too)!

- Ben & Karyn



In March, the bees are coming out of winter and they are starving!

So hungry...

On the days when it is warm enough to fly, they need nearby forage and a good **Silver Maple** (Acer Saccharinum) does the trick.

FRONTSIDE

The Silver Maple is native to the eastern United States. It's urban hardy, fast growing, and can reach heights of 80 feet.

the name doesn't lie - it's really Silver! During winter, honey bees feed on the honey they collected during the warmer months. They form a tight cluster in their BACKSIDE hive to keep the queen and themselves warm

April

An apple orchard in bloom is quite the sight! Bees use the nectar from the Apple (Malus domestica) blossom for raising their brood in spring.

This is an example of a notice the King Blossom in a cluster of apple flowers

The King Blossom is most likely to bear the biggest fruit!



Apple trees are planted worldwide and their height varies greatly depending on their rootstock That's why it's crucial to never spray even the most organic pestprevention during blossom season -we don't want to hurt the baby bees!

The average worker bee produces about 1/12th teaspoon of honey in her lifetime



The fragrant white flowers of the Black Locust (Robinia pseudoacacia) produce a prodigious amount of nectar and are considered by some to be the backbone of Maryland honey. These trees are also excellent nitrogen

fixers, which makes them a good choice for a food forest.



Buzz Black Locusts are native to the eastern United States, urban hardy, and can reach heights of 70 feet.

BUZ

The honey bee's wings stroke incredibly fast - about 200 beats per second, thus making their famous, distinctive buzz! A honey bee can fly for up to six miles, and as fast as 15 miles per hour.

Do you hear that?



The American Linden (*Tilia americana*) is known for withstanding strong winds, providing deep shade, and supplying the mild spicy nector for basswood honey.

Honey is the only food that includes all the substances necessary to sustain life, including enzymes, vitamins, minerals, and water. It's the only food that contains "pinocembrin", an antioxidant associated with improved brain functioning.

The American Linden is native to the eastern United States, urban hardy, fast growing, and can reach heights of 120 feet.

THAT'S

Linden flowers are used in herbal medicine to treat colds, coughs, fevers, infections, inflammation, high blood pressure, headaches, as a diuretic, antispasmodic, and as a sedative.

> Is there a doctor in the house?



During the late summer, our busy bees are preparing to store up for the winter, but unfortunately, often no forage can be found. Luckily, this is the time when the aptly named Bee Bee Tree (Evodia danielli) is getting started. The flowers give off a rich perfurme and turn an attractive red in the fall.

it smells 50000 900d!

The Bee Bee Tree is originally from Korea, fast growing and can reach heights of 60 feet.

The queen bee can live up to 5 years and its role is to fill the hive with eggs. She is the busiest in the summer months, laying up to 2,500 eggs per day. The queen has control over whether she lays male or female eggs.

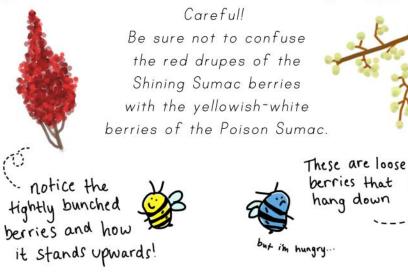




Shining Sumac (Rhus copallinum) is a small tree that packs a strong pollinator punch! Speaking of punch, the ripe berries of the Shining Sumac can be added to cold water overnight to make a lemon-tasting tea (hot water brings out bitter tannins in the berry).



EDIBLE



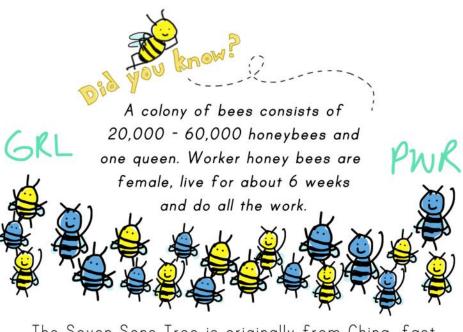
POISONOUS

The Shining Sumac is native to the eastern United States, urban hardy, and can reach heights of 20 feet.



The Seven Sons Tree (Heptacodium miconioides) is a small tree that is the cousin to the honeysuckle with fragrant flowers and beautiful exfoliating bark. It also does well in part-shade, so it's perfect for an understory spot.





The Seven Sons Tree is originally from China, fast growing and can reach heights of 20 feet.



The Vitex Tree (Vitex agnus-castus) has lovely purple flowers and its berries are used by some herbalists to help balance fertility hormones. Even though it starts to bloom in the summer, it can be kept in bloom all the way through October as long as fading blooms are consistently shorn.

Honey bees communicate with one another by dancing. They shake their bodies and dance in the direction of the nectar source in reference to the sun's position. The dance duration and number of vibrations tell the exact distance to the flowers!





Vitex is originally from the Mediterranean and can reach heights of 15 feet We go in depth on some of our favorite pollinator trees, but there are so many more possibilities! The following have also been identified as great trees for bees:



Catalpa

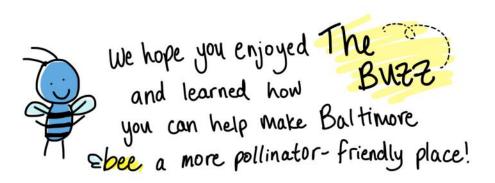
Chinese Lantern Tree

Honey Locust

Japanese Ivory Silk Tree

Little Leaf Linden Tulip Tree Wingstem





now please go plant some trees... I'm starving!!!





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